



How can we create projects together to strengthen our thriving community?

CLEW: COMMUNITY OF LIVED EXPERIENCE WORKERS WORKSHOP 4: DESIGNING PROJECTS KINGSTON | 15 MAY 2019

There once was a group of 8 CLEW members who gathered for the fourth time to take the next steps to ensure CLEW thrives. Karalee, Julian and Nathan stepped forward to do a “whoosh”, host the group check in and give an overview of CLEW’s purpose and principles.

In two smaller groups we then practiced co-design using the *Groundwork* framework, working on two projects we had identified in previous workshops. We welcomed a new member, Danielle.

The two projects we worked on were **CLEW comms**: creating tools and structures to connect to each other, and **Taking care of the CLEW crew**: How do we attend to the wellbeing of the group? You can read a summary of outcomes on page 2.

We came away with great insights and work to move forward with, and an experience of collaboration. Through this, we are clear that supporting and connecting is of greatest importance - **CLEW is a place for connection and support.**

CHECK IN: What is exciting you about CLEW?

- Excited I can still participate. Not sure why I’m here and excited
- Making new connections
- Want to be more involved in community and see where it leads me
- Build on project work which I enjoy. Great for peer workers to have our own association
- Connection and energy. I enjoy connecting. I had to speak – great to have training in those skills to speak up
- Building on connections I made in first workshop
- I can be myself – enjoy myself, laugh and speaking out and sharing- cheers me up
- Feel really welcome – excited to learn what we’ve been doing

VISIT THE CLEW WEBSITE:
bit.ly/clewproject



CLEW Comms

Need

Stay informed and connected

Purpose

Create tools to connect to each other

Principles

- We work as a team
- Open and honest
- Transparency
- Safety (no trolls)
- Sharing is caring

People

- Our team: CLEW comms crew
- Partners/wisdom council, BSouth PHN, Mel, Jen, Pam
- Stakeholders: CLEW network
- Wider community: orgs, staff

Limiting beliefs

Harvest

Intangible

Members feel supported and connected

Tangible

- Members stay in contact and are informed
- CLEW is sustainable
- Meetings
- Newsletter
- CLEW contact list
- Online forums
- CLEW talent / resource list
- Branding
- Resource library

Structures

Concept / strategy

Resources

Free email & design programs
People!
Skills and talents
Knowledge

Wise actions

Vote for communication tool
Establish the team

How do we reflect and integrate?

Checking in and out
Feedback and evaluation
Reflection time at meetings

Taking care of CLEW Crew

Need A place for connection and support for lived experience workers

Purpose How do we attend to the wellbeing of the group?

Principles

- We have a lived experience
- We seek connection
- We support each other first, and then do outside 'work'
- We support lived experience workers in the workplace
- Ask for what you need, offer what you can
- If you can't make it, or can, let us know!
- Silence is part of the conversation
- We support people to feel at ease

People

- Our team: Those with personal lived experience
- Partners: Campfire / Red Thread
- Stakeholders: Lived experience workers (speakers), employers
- Wider community: Footprints, carers

Limiting beliefs

Harvest

Intangible

- People feel welcome and safe, included, connected and engaged
- People have increased confidence

Tangible

- We're looking after ourselves
- We're reaching out to each other and asking for help
- We're hanging our outside CLEW gatherings
- We have celebrations
- People are attending CLEW meetings - meetings are full!

Concept / strategy

A great welcome to new members
Keep in touch as much as we can
At meetings:

- Check in & check out
- Keep up movement activities (woosh!)
- Invite well to each activity
- Keep four fold practice alive
- Keep up circle practice
- Brains trust - talent/skills list of members and how we can support each other
- Beautiful places - indoor & outdoor spaces
- Shared leadership in the group - to support each other and share responsibility
- Ole! It's okay to make mistakes

Structures

When do we meet?

- Social meetings on weekends
- Down to business meetings on weekdays
- Virtual meetings?

For our meetings

- A theme or topic for each meeting
- Agendas made for next meeting at current meeting

What roles are needed?

Harvesting, Logistics - room bookings, Invitation, Registration

How do we reflect and integrate?

How are people going?

- Reflection activities in smaller groups
- Check in and check out

Resources

Meeting place - the same place, and free

What clarity do we now have?

Supporting and connecting is of greatest importance - a place for connection and support

Next wise steps

- Self sufficient support
- How do we organise roles?



CHECK OUT:

What has been your biggest learning?

- It can be hard to work in teams, different opinions & points of view
- Things have become a bit more clear
- Sometimes we don't know where to start, and we get going, and end up somewhere
- How to present and communicate, and share. Using those skills
- I feel I can project plan better
- InCLEWision is more about listening than talking
- I've learned a lot about CLEW and look forward to more!

